

PSHE

Year 7

TERM 1 content and skills	TERM 2 content and skills	TERM 3 content and skills	EXTENDED CURRICULUM (trips/visits/after school activities)
<p>Health and Well-being - This unit focusses on settling in and approach to life at Comberton Village College and looking after our Mental Health and personal safety. Key questions: How can I make new friends? What is Mental Health? How can I support good Mental Health</p> <p>Living in the Wider World - This unit focusses on learning about career stereotypes and raising aspirations. Key Questions: What does it mean to be enterprising? What is a stereotype?</p>	<p>Valuing Difference - This unit focusses on diversity and bullying including cyberbullying. Key Questions: What is discrimination? How well equipped am I to resist bullying? How can I manage on and off-line friendships?</p> <p>Making Good Choices and Managing Risk - This unit focusses on the risks of tobacco and caffeine, how to manage puberty and making good choices around food and hygiene. Key Questions: What does it mean to be healthy? What are the risks of smoking? What does a balanced diet include?</p>	<p>Positive Relationships - This unit focuses on exploring self esteem, friendships and family life and also looks at consent and boundaries. It also incorporates some online safety, mentioning sexting and pornography Key Questions: How many different types of family unit are there? 'Dove' self-esteem project- need to look at family units as well. How does the media effect self-esteem? What is consent? Why is it illegal to show pornography to children? What should you do if you see something upsetting online?</p>	<p>Citizenship across all years: Form time: Active form time promoting healthy lifestyles Politics- general election resources and politics Quiz including mock polling stations during election times</p>
<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	

Year 8

<p>Health and Well-being - This unit focuses on Digital Resilience, Conflict Resolution and First Aid, Vaping</p> <p>Key questions: How do I do CPR? What is active listening? How can I successfully manage conflict? Living in the Wider World: This unit focusses on financial education and enterprise. Key Questions: What is good value for money? What does it mean to be enterprising? How can I plan for career progression? What are the risks of vaping? What is the law about vaping?</p>	<p>Valuing Difference - This unit focusses on the human rights act and how it came about, and challenging disability and discrimination.</p> <p>Key Questions: What do Human Rights mean? What don't they mean? Why do some people discriminate against the elderly or disabled? What is the Equalities Act of 2010?</p> <p>Making Good Choices and Managing Risk: This unit focusses on making good choices about sleep and addictive substances, and detail the risks of FGM, Forced Marriage and HBV.</p>	<p>Positive Relationships - This unit focusses on good communication, the dangers of sexting, the use of contraception to prevent STi's or pregnancy.</p> <p>Key Questions: What is the law around sexting? How many different types of contraception are there? and which ones stop STIs?</p>	<p>Citizenship across all years: Form time: Active form time promoting healthy lifestyles Politics- general election</p>
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	<p>Key Questions: What is FGM? Who should I tell if I suspect someone is at risk? Why is good quality sleep important? What are the risks associated with drugs and alcohol?</p>		<p>resources and politics Quiz including mock polling stations during election times</p> <p>WCCYM deliver some of the lessons in Term 2</p>
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<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	
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Year 9

<p>Health and Well-being - This unit focuses on coping with stress, healthy and unhealthy coping strategies and peer pressure.</p> <p>Key questions: How can I manage stress? Is stress bad for you? How can I resist peer pressure?</p> <p>Living in the Wider World – This unit focusses on future aspirations including career plans and options decisions</p> <p>Key Questions: What is my dream career? What do I need to do to get there?</p>	<p>Valuing Difference - This unit looks at gender, sexuality and identity and the meaning of equality.</p> <p>Key questions: what is the difference between gender and sexuality? How can we help to minimise discrimination?</p> <p>Making Good Choices and Managing Risk - This unit focuses on making good choices around friendships, avoiding gangs and addictive substances. We also cover cybercrime. Key questions: What is a unit of alcohol? What are the personal and social consequences of drugs and alcohol? Why might someone join a gang?</p>	<p>Positive Relationships- This unit focuses on the healthy relationships and consent, also looking at the risks of STIs, sexting and pornography</p> <p>Key questions: How do I use a condom? What is child on child abuse? How is online pornography affecting people’s views of what a healthy relationship is?</p>	<p>Citizenship across all years: Form time: Active form time promoting healthy lifestyles Politics- general election resources and politics Quiz including mock polling stations during election times</p>
<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	<p>Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i></p>	

Year 10

<p>Health and Well-being – This unit focuses on physical health issues including Childbirth, IVF, Self Examination, Cosmetic Procedures and the emotional issue of Bereavement.</p> <p>Key Questions – What happens if I don’t want to give birth? What happens if I do? How is IVF funded? How do I check myself for signs of cancer?</p> <p>Living in the Wider World – This unit explores personal finances, credit and debt, gambling and associated risks and</p>	<p>Valuing Difference – this unit focuses on Identity, Diversity and Community and the risk of Radicalisation. Key Questions What communities do I belong to? What responsibilities does this include? What makes someone more at risk of radicalisation? How can this be minimised?</p> <p>Making Good Choices and Managing Risk – this unit looks at County Lines, Knife Crime Awareness and Managing your personal brand online. Key Questions What are county lines? How are young people drawn</p>	<p>Positive Relationships - Relationships and Sex Education including contraception, STIs and the impact of pornography. Each pupil will have the opportunity to put a condom on a condom demonstrator. Key Questions Why is it important to use a condom correctly? How do I choose an appropriate form of contraception? What other things do I need to consider before sex? How can pornography impact our expectations around sex?</p>	
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CVs and applications. Key questions? What are the risks of gambling? How can I look after my personal finances? What should I include on my CV?	into them? How can a decision to carry a knife impact your life?		
Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i>	Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i>	Assessment: <i>Baseline Assessments, Ipsative Assessment , Quizzes</i>	

Year 11

<p>Health and Well-being – This unit focuses on managing stress, blood, organ and stem cell donation and immunisation. Key Questions how can you donate blood, organ or stem cells? Why is immunisation important? How can you manage stress levels.</p> <p>Living in the Wider World – This unit looks at interview skills, consumer rights and misinformation. Key Questions How can I evaluate a source of information? What are my rights as a consumer and how are they protected?</p>	<p>Making Good Choices and Managing Risk – This unit focuses on addictive substances and personal safety. Key Questions what are the short and long term effects of drug use? What are the effects on society? What happens when you call 999?</p> <p>Valuing Difference – In this unit we examine the Equality Act and Human Rights and International Law. Key Questions What are the protected characteristics? What can you do to combat discrimination? How do lgbt+ rights differ around the world?</p> <p>Positive Relationships - This unit looks at Relationship Expectations and the legal status of relationships. Key Questions How can you communicate your expectations in a relationship? What might influence you and your partner?</p>		
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Assessment: Baseline Assessments,
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